



MEADOWBROOK  
— CHETEK —

**Upcoming Event >>>**

**Wed 1:** Room Visits/ 1:15 Movie & Popcorn

**Thu 2:** Beauty Shop/ 10:00 Valentine's Day Card Event/ 2:00 Happy Hr/ 6:00 Movie in Family Room

**Fri 3:** Room Visits/ 2:00 VFW Auxiliary Bingo

**Sat 4:** Room Visits/ SCU until noon/ 2:00 Bingo

**Sun 5:** 2:00 Church / Activity Staff/ Ice cream for Breakfast

**Mon 6:** Room Visits/ Weekly BOGGLE/ 10:00 Valentines Card event/ 2:00 Dice/ 6:00 Asst. Game in Family Room

**Tue 7:** Room Visits/ Pastor Letters-Treats/ 2:00 Bingo

**Wed 8:** Room Visits/ 10:00 Craft Group/ 1:15 Movie & Popcorn

**Thu 9:** Beauty Shop/ Room Visits/ 10:00 Exercise/2:00 Happy Hr. – Pizza Party/ 6:00 Movie in Family Room

**Fri 10:** Room Visits/ 2:00 Bingo

**Sat 11:** Room Visits/ SCU until noon/ 2:00 Bingo

**Sun 12:** 2:00 Church Northside Christian/ 5:30 Super Bowl!

**Mon 13:** Room Visits/ Weekly BOGGLE/ 10:00 Valentine Tea w/Bethany Shuda/Harpist / 6:00 Asst. Game in Family Room

**Tue 14:** Room Visits/ Pastor Letters-Treats/ 2:00 Valentine Bingo

**Wed 15:** Room Visits/ 1:15 Movie & Popcorn

**Thu 16:** Beauty Shop/ Room Visits/ 10:00 Dice/ 2:00 Happy Hr./ 6:00 Movie in Family Room

**Fri 17:** Room Visits/ 10:00 Monthly Communion/ 2:00 Bingo

**Sat 18:** Room Visits/ SCU until noon/ 2:00 Bingo

**Sun 19:** 2:00 Church The Refuge

**Mon 20:** Room Visits/ Weekly BOGGLE/ 10:00 Exercise/ 2:00 Dice/ 6:00 Asst. Game in Family Room

**Tue 21:** Room Visits/ Pastor Letters-Treats/ 1:00 Resident Council/ 2:00 Bingo

**Wed 22:** Room Visits / 2:00 Brown Bag Auction

**Thu 23:** Beauty Shop/ Room Visits/ 10:00 Exercises/ 2:00 Happy Hr./ 6:00 Movie in Family Room

**Fri 24:** Room Visits / 10:00 Catholic Mass / 2:00 Bingo

**Sat 25:** Room Visits/ SCU until noon/ 2:00 Bingo

**Sun 26:** 2:00 Church Faith Baptist

**Mon 27:** Room Visits/ Weekly BOGGLE/ 2:00 Dice

**Tue 28:** Room Visits / Pastor Letters-Treats/ 2:00 Bingo

**\*\* Activity Calendar is subject to change\*\***

# Newsletter

## Tips for Managing a Senior's Money as Financial POA

When an aging loved one names you as their financial power of attorney (POA), you become the point person for managing their money and making financial decisions on their behalf. This sounds straightforward enough but involves a great deal of responsibility.

An individual who has been granted financial POA has a fiduciary duty, meaning they are obligated to make financial decisions that are in the best interests of the person who appointed them. Acting as POA for an aging loved one can be daunting, but a few simple steps can help you simplify this ongoing commitment.



### 5 Ways to Simplify Your Job as Financial POA

- ▶ **Notify Financial Institutions:** Start off on the right foot by contacting your loved one's bank(s), investment firm(s) and other financial institutions to inquire about what you'll need to do to gain access to their accounts and information.
- ▶ **Keep All Funds Separate:** The number one rule for family caregivers who are helping aging parents manage their finances is to never commingle funds. It may seem easier to keep your money and theirs in one place, but the consequences of this decision can be dire. Not only will this complicate your job of accurately tracking their income and expenses, but it can also leave you vulnerable to accusations of theft and financial elder abuse.
- ▶ **Use Personal Finance Software:** One easy way to organize both your own financial information and that of your parent(s) is to purchase personal finance or money management software. You can enter monthly bills, set up payment reminders, create custom budgets and much more.
- ▶ **Get Smart About Paying Bills:** The internet has greatly expanded consumers' options for tracking, managing and automating bill payments through apps, websites and personal finance software. Arranging for recurring monthly, quarterly and annual bill payments to be automatically deducted from a bank account or charged to a credit card can give peace of mind to an agent under POA for finances. As long as you include these amounts in your budgeting, you won't have to worry about incurring interest or fees for missing a payment deadline. In addition to paying bills, many of these services can provide digital receipts and records and prepare financial documents for tax purposes.
- ▶ **Hire Professional Assistance:** A financial POA can hire a professional such as an elder law attorney, accountant or daily money manager (DMM) to complete their obligations when necessary and appropriate. Fees for those professional services are charged to the principal (the person who signed the power of attorney). The fee agreement should specifically spell out that the principal and/or their estate is responsible for payment. A daily money manager can provide a wide range of services, including bill paying, record keeping, budgeting, resolving credit disputes, and routine duties such as balancing checkbooks and sorting mail. Although this title has the word "daily" in it, you might only need their help for a few hours each week.

Reference: <https://www.agingcare.com/articles/financial-power-of-attorney-manage-senior-expenses-155469.htm>



# Sudoku Puzzle Level: Hard

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 8 | 7 | 3 |   | 4 |   |   |   |
|   | 3 |   | 5 |   |   |   | 4 |   |
|   |   |   |   |   |   |   |   | 7 |
|   |   |   |   |   | 2 | 4 | 5 |   |
|   | 9 | 6 |   | 1 |   | 8 | 3 |   |
|   | 2 | 5 | 8 |   |   |   |   |   |
| 8 |   |   |   |   |   |   |   |   |
|   | 5 |   |   |   | 7 |   | 1 |   |
|   |   |   | 2 |   | 1 | 7 | 6 |   |



**HOPE & ANCHOR COFFEE HOUSE**  
526 2nd St. Unit 2,  
Chetek, WI 54728

January 26th, 2023  
April 27th, 2023  
July 27th, 2023  
October 26th, 2023

## Employee Birthdays

Sandy J., Feb 5  
Brenda F., Feb 11  
Kelly J., Feb 18  
Stephanie T., Feb 18  
Sarah C., Feb 18  
Jessica J., Feb 19  
Debra J., Feb 21

Erika A., Feb 22  
Susan D., Feb 27  
Tiffany D., Feb 27



## FUN FACTS ABOUT FEBRUARY

### Where did the word "February" come from?

February comes from "februa," a Latin word meaning "to cleanse," and was named after a month-long purification festival held this time of the year.

### Why is February shortened to 28 days?

The Roman King Numa Pompilius added January and February to the original 10 month calendar to fully sync a new calendar with the lunar year. However, Numa wanted to avoid having even numbers in his calendar, as Roman superstition at the time held that even numbers were unlucky. To try and avoid this, he chose February, a month that would be host to Roman rituals honoring the dead, as the unlucky month to consist of 28 days.

### Why does it become 29 days every four years? And why is it called a leap year?

It's time for some leap year facts? Relative to avoiding even numbers, Numa added a leap month at a certain interval – with February having 29 days every four years. The term "leap" is supposed to describe how the calendar catches up with the Earth's orbit.

### How and when do "Leapsters" celebrate their birthday?

People born on February 29 are called "leapsters." They get to celebrate their actual birthdays only every four years. They usually celebrate their birthdays on February 28 or March 1 and use these dates on official documents. Technically, if you were born on leap day, you'd be younger than your actual age.

### No full moon?

February is the only month in the year that could miss having a full moon completely. Some months get a blue moon (two full moons in a month), and February often ends up with none!

### A month for the lovers

Just like December is for Christmas, February is for Valentine's Day. This is on the 14th of February every year. You'd probably think the flower of February is the rose. Well, you'd be wrong. It's actually the violet and the primrose.

<https://www.funfactsabout.com/fun-facts-about-february/>

## Meet our Team >>>

Hometown: Chetek, WI.

Tell us about your Job

I am a Certified Nursing Assistant; I complete daily cares for resident.

Tell us about your family.

Mom, Dad, Fiancé and seven goats.

What are your outside Interests?

I like baking, shopping and cleaning.

Something not everyone may know about you

I have a twin brother; Tyler I watch sports and I live in a camper.

Taylor K.  
CNA



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