



Upcoming Event >>>

- Thu 1:** 10:00 Room Visits/ 2:00 Outdoor Group/ 6:00 Movie
- Fri 2:** Room Visits/Menus/ 2:00 WFW AUX Bingo
- Sat 3:** Room Visits/ Morning on SCU / 2:00 Bingo
- Sun 4:** 2:00 United Methodist Church
- Mon 5:** Weekly BOGGLE/ 2:00 Balloon/Noodle-Exercise/ 6:00 Assort. Games in Family Room
- Tue 6:** Room Visits/ Pastor Letters-Treats/ 2:00 Bingo
- Wed 7:** Room Visits/Beauty Shop Open/1:15 Movie & Popcorn
- Thu 8:** Room visits/ 10:00 Craft Group/ 2:00 Pizza Party
- Fri 9:** Room Visits/Menus / 2:00 Bingo
- Sat 10:** Room Visits/ Morning on SCU / 2:00 Bingo
- Sun 11:** 2:00 St Boniface Church
- Mon 12:** Weekly BOGGLE/ 2:00 Balloon/Noodle- Exercise/ 6:00 Assort. Games in Family Room
- Tue 13:** Room Visits/Menus/ Pastor Letters-Treats/ 2:00 Bingo
- Wed 14:** Room Visits/Beauty Shop Open/1:15 Movie & Popcorn
- Thu 15:** Room Visits/ 10:00 Apple Pie Bake/ 2:00 Dice/ 6:00 Movie-Family Room
- Fri 16:** Room Visits/Menus/ 10:00 Communion/ 2:00 Bingo
- Sat 17:** Room Visits/ Morning on SCU / 2:00 Bingo
- Sun 18:** 2:00 Faith Baptist
- Mon 19:** Weekly BOGGLE/ 2:00 Balloon/Noodle-Exercise/ 6:00 Assort. Games in Family Room
- Tue 20:** Room Visits/Pastor Letters-Treats/ 1:00 Resident Council/ 2:00 Bingo
- Wed 21:** Inservice/ Room Visits/Beauty Shop/1:15 Movie & Popcorn
- Thu 22:** Room Visits/ 10:00 Yahtzee/ 2:00 Catapulting Frog/ 6:00 Movie-Family Room
- Fri 23:** Room Visits/Menus/ 10:00 Catholic Mass/ 2:00 Bingo
- Sat 24:** Room Visits/Menus/ Morning on SCU/ 2:00 Bingo
- Sun 25:** 2:00 The Refuge
- Mon 26:** Weekly BOGGLE/ 2:00 Balloon/Noodle-Exercise/ 6:00 Assort. Games in Family Room
- Tue 27:** Room Visits/ Pastor Letters-Treats/ 2:00 Bingo
- Wed 28:** Room Visits/Beauty Shop /1:15 Movie & Popcorn
- Thu 29:** Room Visits/ 10:00 Craft Group/2:00 Brown Bag Auction/ 6:00 Movie-Family Room
- Fri 30:** Room Visits/Menus/ 2:00 Bingo

**** Activity Calendar is subject to change****

Newsletter

Tips to protect Seniors from being Scammed

Each year, millions of seniors fall victim to some type of financial fraud or confidence scheme. The FBI estimates that seniors lose more than \$3 billion each year to fraudsters.

Being familiar with common types of scams and recognizing warning signs can help prevent you from becoming the victim of a scam. Above all else, listen to your gut. If something feels off about a stranger's request, it's okay to be skeptical and investigate further before taking action.

Here are some tips:

Don't act quickly: Scams are based on fear and urgency. Always take a little extra time to think it through and evaluate the legitimacy of what you are being asked to do.

Avoid odd payment types: Scammers will often ask you to send them money with a wire transfer, money order, cryptocurrency, payment app, or gift card. Legitimate businesses will accept credit cards. Be suspicious of excuses for alternative forms of payment.

Notice threatening behavior: Often scams are presented as urgent situations requiring immediate action. If you receive threats or hostility for asking questions that's a sign, they are a scammer.

Be suspicious of fake caller IDs: Using computer software, scammers can make phone calls and emails that look like they're coming from legitimate companies, government organizations, or your local area code. Often it is best to ignore people that contact you uninitiated. At the very least avoid sharing private information. Looking up the organization's contact information and contacting them yourself is a safer option.

Be cautious of impersonation: Con artists can sometimes pretend to be the government. Before making investments or online payments, be sure that you have confirmed that the organization is a legitimate business by asking for information about the company and checking that they are registered with the Better Business Bureau.

Do not reveal personal information: Con artists can try to get you to provide them with personal information like your Social Security number, account numbers, passwords, credit cards, or other identifying information which can be sold to fraudsters.

Avoid suspicious links: Don't click on links in unsolicited emails, texts, or social media messages.

Ask a friend or family member: Before giving out your credit card number or money, ask a friend or family member if the request or situation seems suspicious—particularly if you've been told by someone you don't know that the person needs help.

Add extra security to your accounts: Many online accounts let you turn on multifactor authentication. You may then need to enter a code that's sent to your phone or email, or that you generate with an app, before accessing your account. Enabling this extra security measure can keep scammers out of your accounts even if they get hold of your username and password.

References: <https://www.hebrewseniorlife.org/blog/10-tips-to-protect-seniors-from-being-scammed>

123 Sudoku Puzzle Level Medium

3	4			6		2		9
2		8	4	9				6
	2		3	1				
		4				1		
				2	5		4	
9				5	1	4		3
4		3		7			6	8

Meet our Team >>>

Hometown: Cloquet, MI

Tell us about your Job?

Helping residents get ready for the day and answering call lights to meet their needs.

Tell us about your family?

I have a husband and a seven-year-old son and two big dogs.

What are your outside Interests?

Spending time with family, going on our boat and soaking up the sun.

Something not everyone may know about you

I love to cook.

Favorite sport team

Minnesota Vikings

Amber Morgan CNA



"My stay was great. I enjoyed the staff and residents. I felt the staff really cared about me. I also really enjoyed sitting in the garden."



Janice M. - Resident



Employee Birthdays

Sierra H., Sep 10

Chelsea L., Sep 15

Kendall S., Sep 15

Vicki C., Sep 23

Grace P., Sep 23

Jacqueline W., Sep 30



HaPpy BiRthDay SEPTEMBER Born

- Charming.** They are very good with their words. They are convincing and straightforward.
- Open-minded.** They are known for their cool and chill attitude. They are also some of the least judgmental people and respect your views and beliefs.
- Loves Everything.** They will be very thankful for everything and truly grateful
- Overthinkers.** A million possibilities and 'what ifs' will go through their heads. So, they rarely get into trouble, because their careful decisions always lead to the right ones.
- Perfectionists.** They will try and try till they get their desired result. Which is not a bad thing because it only shows how dedicated they are to any work they're doing.
- Affectionate.** People born in September are caring, kind and loving. That is the reason why everyone loves being around them and wants to be their friend.
- Get Bored Easily.** They always find new ways to keep themselves dying from boredom.
- Eats Everything.** They just LOVE food more than anything! So, they get easily adapted to any place they go to, as long as there is food, they are happy.
- Happiest when in a relationship.** They prefer to share their moments and experiences with someone beside them, be it a relationship of love or friendship.
- Loves Traveling.** They love everything that gives them a rush and takes them into a world of imagination. And there is no better way to do that than by reading or traveling.



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<https://www.dazzling.news/a680/10-reasons-why-september-borns-are-such-a-great-people>